

# World AIDS DAY 2022

World AIDS Day is held on the 1st of December each year to unite people from around the globe to fight HIV, show support to people living with HIV, and remember the lives lost to the disease. World AIDS Day was the first ever global health day, held for the first time in 1988. The theme for this year's World AIDS Day is "Equalize".

A global estimate places the number of people with the virus at 34 million. One of the most destructive pandemics in history, HIV or AIDS was first identified in 1984 and has killed over 35 million people.

Scientific research has made advances in HIV treatment, laws protect people living with HIV, and we have a better understanding of the disease than ever before. However, most people do not know how to protect themselves and others from this condition, and stigma and discrimination are still commonplace.

“ It is crucial that World AIDS Day is recognized by the public and government so they are aware that HIV is not going away – there is still a need to increase awareness, and to tackle prejudice. ”

