



**ASEAN  
University  
Network**



**ASEAN  
University  
Network**

Health Promotion Network



**Mahidol University**

## **PANEL DISCUSSION**

# **Leveraging HURS: Cooperative Use in Global University Rankings**



**HURS**  
Healthy University Rating System

**The 10<sup>th</sup> Anniversary of the ASEAN University Network-Health Promotion Network  
December 3<sup>rd</sup>, 2024**



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**Mahidol University**

## Systems and Infrastructure

1. Healthy university policies
2. Safe buildings and safe, clean environment, green environments
3. Health promotion services, counseling and advisory support
4. Equal opportunities including disability friendly
5. Health promotion curriculum and co-curriculum
6. Capacity building on health promotion
7. Health promotion research
8. University volunteerism
9. Budgetary support for healthy university programme

**AUN-HPN Healthy University Framework**

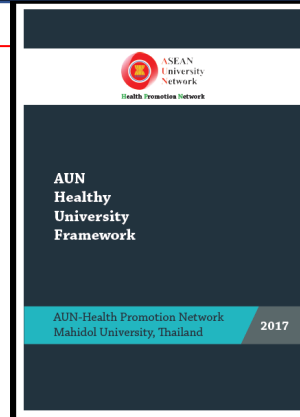
## Thematic Areas

### a) Zero tolerance areas:

1. Smoking
2. Alcohol consumption
3. Illicit drug use
4. Gambling
5. Violence, bullying and sexual harassment
6. Road safety violations including helmet use

### b) Health promotion areas:

1. Health literacy
2. Mental well-being
3. Social interaction (e.g. social activities such as student clubs)
4. Physical activity and active mobility
5. Healthy diet and balanced nutrition
6. Safe sexual behavior
7. Work life balance (integration) and healthy ageing





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**University Rankings = Who is the best?** The rationale is to compare universities to one another and put them in order. Rankings often include only the top 100 or top 500 universities across the globe, meaning that smaller or newer Universities have a difficult time competing with the Harvards and Oxfords.



**University Ratings = Who is good at what?** The rationale is to assess universities on how they perform in several areas. But rather than comparing universities against one another, they are judged on how they perform against a set standard. This can then be verified and the university is given an overall score “5 Stars”. There is no limit to the amount of universities that can achieve the highest score overall or in a category.

## Appendix 1

### Resolution on the Adoption of Healthy University Rating System (HURS) at 6<sup>th</sup> AUN HPN International Advisory Committee Meeting

Report of the 6th AUN HPN International Advisory Committee Meeting

5 November 2020

the ASEAN Institute for Health Development, Mahidol University

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#### Agenda 6.3: Development of Healthy University Rating System (HURS)

Prof. Dr. Chatchalerm Isarankura-Na-Ayudhya, Chairman of Committee on HURS Development presented the Development of Healthy University Rating System (HURS) using the conceptual framework of HURS system criteria of evaluation set by consensus of the members in the capacity building workshop in 2019. It has combined ideas from QS star rating system and scoring system. Proposed score and point calculation was based on five point like rating scale system and the total score is 1,000 points for all 22 areas. Rational of how-to assess universities on different backgrounds and not to compete only, similar to the rating of quality of hotels, combined QS star rating system with Universitas Indonesia's Green Metric to create a methodology of HURS was suggested. He reported that in the initial trial, the members would participate in online submission of data during January – February 2021. Proposal for submission of evidence of activity and verification would be conducted from March to April 2021.

The Meeting noted that to develop the HURS, letter will be drafted to AUN-HPN member universities to participate in HURS trial. Members are requested to participate in the process. Eventually, the final version of HURS will be proposed for endorsement in a Rector's meeting in the near future; and will be followed by promotion activities for all universities in ASEAN and beyond.

The Meeting adopted the Development of Healthy University Rating System (HURS).

## Appendix 2

### AUN's Adoption of Healthy University Rating System (HURS)

Report of the 12th ASEAN University Network Rectors' Meeting

9 July 2021

Hosted online (Zoom) by

the ASEAN University Network Secretariat and Universitas Gadjah Mada (UGM)

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#### Agenda Item 5.2: Healthy University Rating System (HURS) developed by AUN-Health Promotion Network (AUN-HPN)

Prof. Dr. Chatchalerm Isarankura-Na-Ayudhya, Dean of the Faculty of Medical Technology, Mahidol University and Chairman of the working group for HURS Development and Assoc. Prof. Dr. Phudit Tejavivaddhana, Director of ASEAN Institute for Health Development, Mahidol University and Executive Director of AUN-HPN presented the progress of development of Healthy University Rating System (HURS) using the AUN Healthy University Framework which was adopted by the AUN during the 9th AUN Rector's Meeting in July 2017. He requested the rectors' meeting to consider the following:

1. To endorse HURS as a tool of the AUN system to monitor the progress and the achievement of the Healthy University Framework implementation;
2. To provide recommendations and assistance for further improvement of the tool;
3. To engage in the utilization of the tool, both during the testing period and the regular use in the future (as a tool for promote health in the university);
4. To advocate the wider use of HURS in other higher educational institutions.

The Meeting acknowledged the official launch of the Healthy University Rating System (HURS) to be conducted in August 2021 and encouraged all AUN members to support it on a voluntary basis.

The Meeting adopted the Healthy University Rating System (HURS).



## We invite you to join us and be part of the HURS!

Healthy University Rating System (HURS) is a tool used to track the progress and success of a health promotion university. HURS is developed based on the Healthy University Framework (HUF). Innovative products of ASEAN University Network – Health Promotion Network (AUN-HPN). In the development of the HURS supported by Mahidol University and ThaiHealth Promotion Foundation. The system has been officially opened since August 16, 2024 and the data entry period will end on November 15, 2024.

## Sign in

[Forgot your Password ?](#)

<https://hurs.mahidol.ac.th/>

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### Others links

- › AUN-HPN website
- › ASEAN Institute for Health Development website
- › Mahidol University website
- › AUN website

**Table 1 Categories of self-assessment questions used in the HURS**

<b>Category</b>	<b>No. of question</b>	<b>Total points</b>	<b>Percentage of total points</b>
System and infrastructure (SI)	22	470	47%
Zero tolerance areas (ZT)	10	270	27%
Health promotion areas (HP)	14	260	26%
<b>TOTAL</b>	<b>46</b>	<b>1,000</b>	<b>100%</b>

**The composite score is classified into 5 categories, 1 to 5 stars as follows:**





General information (GI)

SI System and Infrastructure

ZT Zero tolerance areas

HP Health promotion areas

Summary

## HP Health promotion areas

## HP 1 Health literacy

## HP 1.1 Comprehensive Health Literacy Initiatives

Score

15

Points

20

Evaluate the range and effectiveness of activities implemented at your university to promote health literacy regarding a healthy lifestyle. Select the number of activities fully implemented and provide corresponding evidence.

- None: No activities related to health literacy are implemented.
- 1 Item: One basic activity to promote health literacy is in place.
- 2 Items: Two activities are actively conducted within the university.
- 3 Items: Three comprehensive health literacy activities are implemented.
- 4 Items or More: A robust suite of activities, including various communication methods, is fully integrated into university health promotion efforts.

## List of Health Literacy Activities:

- Regular exhibition of boards or posters on health promotion within university premises.
- Regular conduct of health promotion events or provision of health promotion knowledge through printed materials or websites.
- Regular provision of health promotion knowledge through radio, TV, or web-based channels.
- Conduct regular health promotion or lifestyle training programs.
- Any other innovative activities designed to promote health literacy (please specify)

## Examples of Evidence Requirements:

- Provide samples of materials used in exhibitions, including photographs of boards or posters.





- Include details of job provision programs, such as roles created and placement success rates.
- Provide information on empowerment programs, including community outreach efforts and their impact.
- For any additional measures, describe the initiative and provide evidence of its implementation and effectiveness.

**Note:** Ensure all provided evidence is recent (within the last academic year) and directly relates to the healthy ageing programs claimed.

Please add your evidence .....

Title	url	Attach file <small>(Please upload file in PDF format and max file size: 10 MB.)</small>
Awareness programs on healthy and active ageing targeted at university personnel and possibly the community.	<input type="text"/>	<input type="button" value="Choose File"/> No file chosen
Ageing skill programs designed to equip pre-ageing personnel with necessary skills for later life.	<input type="text"/>	<input type="button" value="Choose File"/> No file chosen
Employment programs that provide job opportunities specifically for ageing individuals.	<input type="text"/>	<input type="button" value="Choose File"/> No file chosen
Empowering programs aimed at enhancing the capabilities and wellbeing of the ageing population in the surrounding community.	<input type="text"/>	<input type="button" value="Choose File"/> No file chosen
Any other innovative measures implemented to support healthy ageing (please specify) <input type="text"/>	<input type="text"/>	<input type="button" value="Choose File"/> No file chosen

Save & Continue





## DEMO

General information (GI)

SI System and Infrastructure

ZT Zero tolerance areas

HP Health promotion areas

Summary

## Summary

Overall Rating

495 / 1000



(3 Stars)

Categories and Indicators

Points

Score

SI System and Infrastructure

470

215

ZT Zero tolerance areas

270

147.5

HP Health promotion areas

260

132.5

Submit your answer

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# • HURS Version 2023 •

## (the 3<sup>rd</sup> version)

**Universities participated in  
HURS 2023**

- Total registration:  
25 universities from 6  
countries (Thailand, Malaysia,  
Indonesia, The Philippines,  
Vietnam, Myanmar)

- Complete submission:  
21 universities from 5  
countries (Thailand, Malaysia,  
Indonesia, The Philippines,  
Vietnam)

## **Results**

- **5+ stars = 2 universities**
- **5 stars = 5 universities**
- **4 stars = 9 universities**
- **≤3 stars = 5 universities**



Congratulations!!!





Congratulations!!!



Selamat Datang ke  
**UKM**  
Mengilham Harapan, Mencipta Masa Depan



# Regular schedule for HURS evaluation

- Kick-off the official version of the HURS system 2024 (August 15, 2024)
- Data entry (Aug 15 - Nov 16, 2024)
- Data verification (Nov 17, 2024 - Jan 15, 2025)
- Reporting (February 2025)
- Analysis and reconsideration of HURS version 2025
- Training for participants and auditors

HURS 2024



## Healthy University Rating System (HURS)

Version 2024



HURS 2024

Version 2024

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<https://hurs.mahidol.ac.th/>




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No.	Country	Name of University
1	Indonesia	Universitas Indonesia
2	Indonesia	Universitas Airlangga (UNAIR)
3	Indonesia	Universitas Gadjah Mada
4	Malaysia	Universiti Kebangsaan Malaysia (UKM)
5	Malaysia	Universiti Putra Malaysia
6	Malaysia	Universiti Malaya
7	Myanmar	Yangon University of Economics
8	Philippines	De La Salle University-Manilla
9	Philippines	Lyceum of the Phillipines University-Batangas
10	Philippines	Ateneo de Manila University
11	Thailand	Burapha University
12	Thailand	Chiang Mai University
13	Thailand	Chulalongkorn University
14	Thailand	Mahidol University
15	Thailand	Prince of Songkla University
16	Thailand	Kalasin University
17	Thailand	KhonKaen University
18	Thailand	King Mongkut's University of Technology Thonburi (KMUTT)
19	Thailand	King Mongkut's University of Technology, North Bangkok
20	Thailand	King Mongkut's Institute of Technology Ladkrabang
21	Thailand	Maharakham University
22	Thailand	Naresuan University
23	Thailand	Princess of Naradhiwas University
24	Thailand	Silpakorn University
25	Thailand	Suranaree University of Technology

No.	Country	Name of University
26	Thailand	Vidyasirimedhi Institute of Science and Technology
27	Thailand	Walailak University
28	Thailand	Srinakharinwirot University
29	Thailand	Rangsit University
30	Thailand	Sripatum University
31	Thailand	Chitralada Technology Institute
32	Thailand	Mahachulalongkornrajavidyalaya University
33	Thailand	Phetchabun Rajabhat University
34	Thailand	Kamphaeng Phet Rajabhat University
35	Thailand	Surindra Rajabhat University
36	Thailand	Phetchaburi University
37	Thailand	Yala Rajabhat University
38	Thailand	Maejo University
39	Vietnam	Vietnam National University, Ho Chi Minh City

# Enrollment of Universities in ASEAN Countries in the HURS Evaluation 2024

The implementation of the Healthy University Rating System (HURS) positively impacts global university rankings by promoting a healthy campus environment, which in turn supports the overall well-being and academic success of students and staff:

- Encourages universities to adopt comprehensive health policies and practices.
- Recognizes and rewards institutions for creating a supportive and healthy learning environment.
- Enhances a university's reputation and attractiveness to prospective students and faculty.
- Motivates continuous improvement in health promotion, contributing to higher educational standards.
- Facilitates international visibility and networking opportunities through participation and higher ratings in HURS.

**LET'S LEARN  
THE BEST  
PRACTICES  
FROM OUR  
CHAMPIONS**

**AUN-ACADEMIC FORUM  
(KNOWLEDGE MANAGEMENT)**

