



NARATIF BAHARU UKM
**UNIVERSITI
ATAN KITA**

Leveraging HURS: Cooperative Use in Global University Rankings

ASSOC. PROF. CHM.
SITI FAIRUS MOHD YUSOFF
UNIVERSITI KEBANGSAAN MALAYSIA

KNOWLEDGE, QUALITY, VIRTUE



KEY STRATEGIES AND CHALLENGES

KNOWLEDGE, QUALITY, VIRTUE



(1) HEALTHY UNIVERSITY POLICY

1


UKM Occupational Safety, Health & Environment

ROSH-UKM conducts audit and site visits to ensure all faculties, institutes and centres are in compliance with the policy, guidelines and SOPs outlined in **UKM Occupational Safety, Health & Environmental Policy**

2

Department of Registrar

The **UKM Mental Health Policy and No Smoking Policy**, are also strictly enforced, with both university staff and students adhering to them.



DASAR KESELAMATAN, KESIHATAN DAN PERSEKITARAN PEKERJAAN


UNIVERSITI KEBANGSAAN MALAYSIA

Universiti Kebangsaan Malaysia (UKM) beriltizam untuk mewujudkan dan mengekalkan persekitaran kerja yang selamat dan kondusif kepada seluruh warga UKM dan pelanggannya melalui budaya kerja terancang dan pengurusan risiko yang mampan serta didukung padu oleh setiap pekerja dan pelajarinya.

PELAKSANAAN

Bagi menjayakan dasar tersebut, UKM memastikan langkah perlu dilaksanakan seperti berikut:

1. Menjadikan pengurusan keselamatan, kesihatan dan persekitaran pekerjaan sebagai aspek penting dan bersepadu dalam pengurusan UKM.
2. Menyediakan sumber, sistem dan latihan yang mencukupi di samping meningkatkan kesedaran dan kompetensi pekerja untuk bekerja dalam persekitaran selamat dan sihat serta mengurangkan risiko keselamatan dan kesihatan.
3. Mengasas, menilai semula dan memperingkatkan kecemerlangan keseluruhan dasar, sistem, program dan prosedur kerja selamat, dan sihat dari semasa ke semasa bersesuaian dengan peruntukan akta, peraturan serta piawai amalan berkaitan.
4. Memastikan segala perancangan dan prosedur dilaksanakan untuk menangani keperluan kerja dalam keadaan biasa dan kecemasan.
5. Menyiasat dan mengambil tindakan penambahbaikan serta pencegahan dengan segera ke atas kemalangan pekerjaan dan penyakit pekerjaan yang berlaku dan dilaporkan kepada pihak yang bertanggungjawab.
6. Membudayakan pemikiran berdasarkan risiko, sistem kerja selamat dan sihat secara berterusan dalam kalangan pekerja dan pelajar berteraskan kefahaman, kompetensi, tanggungjawab dan penguasaan kendiri.


Ybhg. Prof. Dato' Ts. Dr. Mohd Ekhwani Hj. Toriman
Nahk Canselor
Universiti Kebangsaan Malaysia (UKM)

No. Semakan: 08
Tarikh semakan JKKP-UKM: 15 Mac 2021, Mesyuarat Bil 56

UKM Occupational Safety, Health & Environmental Policy



UKM Occupational Risk, Safety and Health Week

IMPLEMENTING COMPREHENSIVE POLICY

**SUSTAINABLE
DEVELOPMENT
GOALS**

3 GOOD HEALTH
AND WELL-BEING



This vision of a Wellness Campus aligns closely with the global Sustainable Development Goals (SDGs), particularly SDG-3, which calls for ensuring healthy lives and promoting well-being for all. Through strategic initiatives and collaborative partnerships, UKM is dedicated to advancing SDG-3 objectives within our campus community and beyond.

(2) HEALTH PROMOTION STEERING COMMITTEE

- Dedicated HURS Taskforce to evaluation and doing data collections

JAWATANKUASA SISTEM PENARAFAN UNIVERSITI SIHAT Healthy University Rating System (HURS) 2023

Pengerusi	: YBhg. Profesor Dr. Roslee Rajikan Pro-Naib Canselor (Strategi & Pembangunan Korporat)
Timbalan Pengerusi I	: Prof. Madya Dr. Siti Fairus Mohd Yusoff Timbalan Pengarah Eksekutif (Kecemerlangan & Kebitaraan) Pusat Strategi UKM
Timbalan Pengerusi II	: Dr. Masdalina Azhari Pengarah, Pusat Kesihatan Universiti
Setiausaha	: Pn. Rohana Tan Ketua Pentadbir, Pusat Strategi UKM
Urusetia	: Puan Nurul Amalina Abdul Rahman Penolong Pendaftar, Pusat Strategi UKM
Ahli:	
Hospital Canselor Tuanku Muhriz UKM (HCTM)	
	1. Dr. Zairul Azwan Mohd Azman - Timbalan Pengarah (Perkhidmatan Perubatan) 2. Pn. Nur Ahlina Abdullah - Penolong Pendaftar, Pejabat Pengarah
Pusat Hal Ehwal Pelajar (HEP-UKM)	
	1. Prof. Ts. Dr. Norinsan Kamil Othman - Pengarah 2. Dr. Nurwina Akmal Anuar - Timbalan Pengarah (Perkhidmatan Inklusif)
Pusat Pengurusan Risiko, Kelestarian dan Kesihatan Pekerjaan (ROSH-UKM)	
	1. Prof. Ts. Dr. Kadir Arifin - Pengarah 2. Cik Siti Rahimah Binti Umar - Pegawai Sains Kanan
Jabatan Pendaftar	
	1. Cik Najatulmuna Hamdan - Ketua Bahagian Pentadbiran dan Kemudahan (BPK) 2. Mejar Dato' Asri Ahmad (Bersara) - Pengarah Bahagian Keselamatan

PENYEDIA DATA HEALTHY UNIVERSITY RATING SYSTEM (HURS) 2024

PUSAT			
1	HEP	Cik Nur Emieza Saleh	Penolong Pendaftar
2	PROFESIONA L	Puan Siti Nora Mhd Isa	Penolong Pendaftar
3	JPEND	Pn. Nur Diyana Jamaluddin	Penolong Pendaftar
4	JBEND	En. Zul Azri Hassan	Pegawai Kewangan
5	PSUKAN	Encik Mohd Farid Dewan	Pegawai Belia dan Sukan Kanan
6	UNIT OKU	En. Muhammad Amirul Abdul Razak	Penolong Pendaftar
7	JANA	Pn. Nurul Safaniza Che Ani	Ketua Pentadbiran
8	IKOM	Pn. Melor Suria Minhat	Penolong Pendaftar Kanan
9	CRIM	Pn. Siti Noraida Sood	Pegawai Penyelidik
10	AKADEMIK	Pn. Latifah Kasmuri	Penolong Pendaftar
FAKULTI			
1	FST	Puan Syazwani Saadon	Pegawai Sains Kanan
2	FTSM	Cik Suhaida Binti And Rahman	Ketua Pentadbiran
3	FPEND	En. Azrizal Mohamed Zin	Pegawai Penyelidik Kanan
4	FPI	Puan Hazira Mohd Nor	Penolong Pendaftar Kanan
5	FEP	Encik Muhammad Bin Jasmi	Penolong Pendaftar
6	FKAB	PM Ir. Dr. Masturah Markom	Penolong Dekan (Kualiti & Strategi)
7	FUU	Cik Rohaida Shaari	Penolong Pendaftar Kanan
8	GSB	Muhammad Haneef Mohd Faisal	Pegawai Jaringan Alumni & Masyarakat
9	CITRA	Encik Zansyuwari Mohamad Shahrullail	Penolong Pendaftar Kanan
10	ESK	Prof. Madya Dr. Masdalina Azhari	Penolong Dekan (Kualiti & Strategi)

(3) STUDENT AND STAFF ENGAGEMENT

- Awareness campaigns to instill the importance of health and sustainability.
- Incentives for participation in health-related programs.

PELAKSANAAN SISTEM PROFILING DIGITAL KESIHATAN PSIKOLOGI PEGAWAI PERKHIDMATAN AWAM (MyPsyD)

TEMPOR PENGISSIAN: 20 HINGGA 31 MEI 2024

Petikan Pekeliling Kementerian Pendidikan Tinggi (KPT)
"Pekeliling bertarikh 5 April 2024 – Pelaksanaan Sistem Profiling Digital Kesihatan Psikologi Pegawai Perkhidmatan Awam (MyPsyD) (Semua pegawai adalah Diwajibkan untuk melengkapkan profiling MyPsyD)"

21 MEI 2024 (SELASA)
Masa : 8.30 Pagi – 3.00 Petang
Tempat : Aras 2, Masjid UKM

28 MEI 2024 (SELASA)
Masa : 9.00 Pagi – 3.00 Petang
Tempat : Ruang Legar Dewan Kuliah, Blok M, Kampus Kuala Lumpur, Jalan Raja Muda Abdul Aziz

29 MEI 2024 (RABU)
Masa : 9.00 Pagi – 3.00 Petang
Tempat : Aras 2, Dewan Peperiksaan Pra-Klinikal, Fakulti Perubatan

Langkah-langkah Kemasukan Data Saringan Kesihatan

LANGKAH PERTAMA	LANGKAH KEDUA	LANGKAH KETIGA	LANGKAH KEEMPAT
Dapatkan Data Saringan Kesihatan	Masukkan Data Saringan Kesihatan di dalam HRMIS	Menjawab ujian kesihatan psikologi di dalam Sistem (MyPsyD)	Must naik pembuktian dalam Gerbang Warga

PAUTAN DAN QR CODE VIDEO
Silalah imbas di sini  ATAU 
Silalah klik pautan video di sini
Tatacara Kemasukan Data Saringan Kesihatan di dalam HRMIS

BAHAGIAN SUMBER MANUSIA / JABATAN PENDAFTAR
ILMU, MUTU DAN BUDI

Digital Profiling System of Psychological Health of Public Service Officers

PSI KARNIVAL
Hari Kesihatan Mental Sedunia
2023

25 OKTOBER
9 Pagi - 5 Petang

Dewan Perdana & Jalan Chow Kit
Fakulti Sains Sosial dan Kemanusiaan, UKM

PELBAGAI AKTIVITI MENARIK DISEDIAKAN

MASA	PROGRAM
8.30 AM - 9.00 AM	Pengisian PRPK: The importance or Pathway for getting the right mental health treatment.
9.00 AM - 11.00 AM	Forum: "Mental Kaya dan Hebat"
11.30 AM - 1.00 PM	TedTalk: Fields of Psychology (Mana Psikologi rail)
2.00 PM - 3.00 PM	Slot Sapa-gene
3.00 PM - 4.30 PM	Aktiviti Booth

Semua dijemput hadir

Anjuran
@papk_tsk f PKPKFSK PsiTra Klinik Psikologi & Konsultasi (PKPK)

World Mental Health Day was also celebrated by Faculty of Social Sciences and Humanities

The ROSH-UKM Occupational Safety & Health Roadshow.

This roadshow aims to promote the culture of occupational safety and health (OSH) among UKM departments. Additionally, it provides an opportunity for beneficial two-way discussions and sharing with members of the UKM departments.




(4) DATA-DRIVEN APPROACHES

- Regular surveys and audits to monitor health promotion activities.
- Continuous improvement loop using feedback and benchmarking.



Occupational Health & Safety Management System Certification Recognition

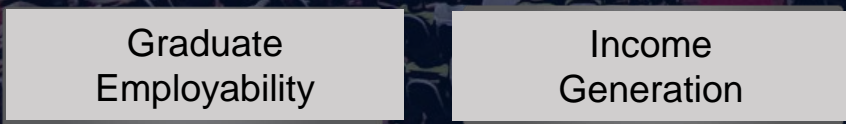


 REKOD PEMERIKSAAN KESELAMATAN DAN KESIHATAN TEMPAT KERJA					
TAHUN 2024					
Bil	Tarikh Pemeriksaan	Lokasi	Kategori	Markah Keseluruhan (%)	Gred (Sangat Memuaskan/ Memuaskan/ Tidak Memuaskan/ Sangat Tidak Memuaskan)
1.	08.02.2024	Institut Alam & Tamadun Melayu (ATMA)	Pejabat	96.73	Memuaskan
2.	23.02.2024	IVI	Pejabat Am	96.73	Sangat Memuaskan
			Stor		
			Bilik seminar		
3.	15.02.2024	Institut Biologi Sistem (INBIOSIS)	Pejabat am	87.31	Memuaskan
			Makmal		
			Stor		
			Dewan Seminar		
4.	22.02.2024	LESTARI	Pejabat Am	90.58	Sangat Memuaskan
			Bilik Fail		
			Bilik Kuliah		
5.	07.03.2024	Institut Kajian Etnik (KITA)	Pejabat	90.20	Sangat Memuaskan

CHALLENGES TO MAINTAIN THE WELL-BEING OF CAMPUS COMMUNITY



NEXT STEP FOR IMPROVEMENT: Mapping Of UKM Strategic Plan With SDG





IMPACT AND BENEFITS OF HURS EVALUATION

KNOWLEDGE, QUALITY, VIRTUE



DEVELOPMENT OF WELLNESS CAMPUS

UKM implement HURS framework to transform into a Wellness Campus that prioritizes the holistic well-being of its diverse campus community, fostering a culture of health, resilience, and thriving for all:

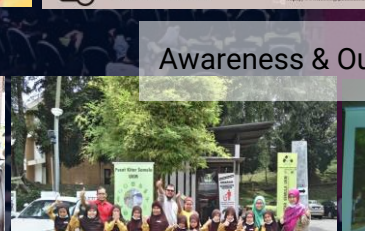
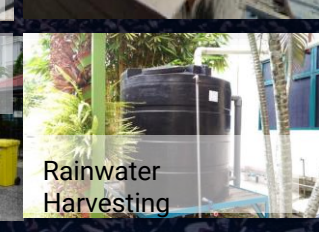
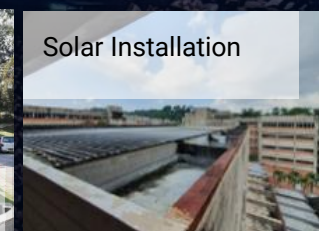
1. Assessment and Planning
2. Infrastructure and Facilities
3. Programmes and Services
4. Physical Activity and Recreation
5. Nutrition and Healthy Eating
6. Mental Health Support and Awareness
7. Integration with Academic Curriculum
8. Collaboration and Partnerships
9. Evaluation and Continuous Improvement

System & Infrastructure

SYSTEM & INFRASTRUCTURE

Healthy body & policy
Health service & activities
Health promotion & support

Safe building, clean & green
environments



Awareness & Outreach

Disability friendly

Zero Tolerance Areas

ZERO TOLERANCE AREAS

Smoking, alcohol, drug and gambling

Violence, bullying and sexual harassment

Road safety violations including helmet use



GARIS BAHANJARAN LARANGAN MEROKOK DI DALAM KAWASAN KAMPUS

Maksud arahan ini ialah untuk menggariskan kawasan-kawasan atau kawasan-kawasan yang dibenarkan merokok di dalam kawasan kampus dan kawasan-kawasan yang dibenarkan merokok di dalam kawasan kampus.

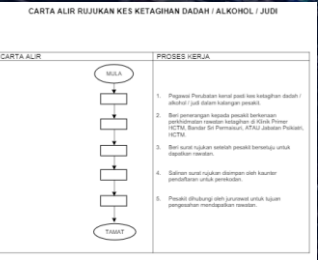
Peruntukan

Bidang Kesasa Pengasas Kampus

Proses Pengasas Kampus

Tindakan Pengasas Kampus

Klinik Berhenti Merokok



UKM MPSP-JP-PHSE-8022 No. Semakan: 01 Tarikh Kuat Kosong: 01/04/2022

SURAT AKUAN BERKUAN

No. (No. KP: _____) yang berkuatkuasa

di _____

di _____

di _____

PELAN PENGURUSAN KRISIS PELAJAR

UNIVERSITI KEBANGSAAN MALAYSIA

WATAN KITA HEP-UKM

POLICY AGAINST SEXUAL MISCONDUCT

UNIVERSITI KEBANGSAAN MALAYSIA

AND

CODES OF PRACTICE ON COMPLAINT MANAGEMENT AND SEXUAL MISCONDUCT PREVENTION

UNIVERSITI KEBANGSAAN MALAYSIA (AMENDMENT) 2021



PROGRAM ANTIDADAH

BERSAMA AGENSI ANTIDADAH KEBANGSAAN (AADK)

SESI 2021/2022

TARIKH: 11 JUN 2022 (SABTU)

MASA: 10 PAGI - 2 PETANG

TEMPAT: BILIK SEMBAWA 1, KOLEJ KEBANGSAAN

E-SULAT & MEKUT DISEBARKAN

KOD QR

SESI PERMAINAN SPOKSPORT ABCZ (PANDUAN UNTUK PERMAINAN DISEBARKAN)

CERAMAH KESEDARAN BULI SIBER

8 JULY 2023 (SABTU)

8:30-11:30 AM

WEBEX

Stawi Talk

SEXUAL HARASSMENT

"It's Not a Joke"

Be Healthy Without Alcohol

By not consuming alcoholic drinks

ANDA DILINDUNGI!

Dasar Pembani Maklumat UKM 2019

Info Integriti: 4/2019

PERSATUAN MAHASISWA KELANTAN BARU, NAHU

15 MEI 2023

Prohibition of Ragging

1. **Ragging** - any form of strictly prohibited. If any student or **ragging** occurs in the vicinity of the university, the concerned student or staff shall give liberty to report and if his explanation is not found satisfactory, the authority would report him from the institution.

2. The college will not show any mercy to a misbehaving student and would initiate disciplinary action whenever occasion demands. At the time of punishment, every student or staff member who has been found guilty shall be required to sign declaration in the affected student's file submitted to the authority to the disciplinary jurisdiction of the Principal and the other authorities of the college. All persons seeking to discipline among the students are vested in the Principal. The Principal may delegate to any of his/her officers to initiate disciplinary proceedings in any of the Officers of the College constituted by the Principal. The Principal's decision shall be the final and conclusive of the institution of the student for violation of any of the rules and regulations of the College.

JIPSA KESELAMATAN JALAN RAYA DI KAMPUS

- 1) PATUHI PERATURAN DAN ARAHAN LALU LINTAS DI DALAM KAMPUS
- 2) PASTIKAN KEDERAHAN BENTASI BERADA DALAM KEADAAN BAIK
- 3) PAKAI TALI PINGGANG KELEDAR SEMASA MEMAMDU
- 4) PAKAI TOPI KELEDAR DENGAN BETUL
- 5) SEBI TUMPUAN SEMASA MEMAMDU

Road Traffic Discipline in Campus

UKM Community shall comply with the traffic rules and regulations imposed by the university from time to time

1. Comply with all traffic directions and with all traffic signs
2. No one drives a motor vehicle in the University at a speed in excess of that indicated by a traffic sign.
3. No one shall drive a motor vehicle on any place other than on that part of the road which is used as a carriageway for the passage for motor vehicles; in particular, no motor vehicle shall be driven by a student on the pavement, side-table, grass verge, footpath or other place, whether alongside the carriageway or otherwise, which is not ordinarily intended or specifically provided for the passage of motor vehicles
4. No one shall park any vehicle at any place or any manner or so as to cause danger, obstruction or inconvenience to any other person or vehicle
5. shall not conduct himself/ herself in any manner, or do any act, which obstruct or interferes with the smooth and orderly movement of traffic within the Campus

KNOWLEDGE, QUALITY, VIRTUE

Health Promotion

HEALTH PROMOTION

Health literacy



Mental well-being



Work-life balance
- Social, physical activities



Healthy diet



Safe-sexual



TENTATIF KARNIVAL KESEHATAN UKM 2023

JUMAT & JUM 2023
8.00 PADI - 12.30 TERANG HARI
ARAS 5 & 6 PUSANIK A UKM

8.00 pagi - Ketibaan para peserta & tetamu jemputan

8.30 pagi - Majlis perasmian

9.15 pagi - Senamrobik & chairobic

10.30 pagi - Forum kesihatan "Generasi Bebas Rokok & Vape"

12.30 tengah hari - Majlis penutup & penyampaian cenderamata Majlis bersurai

Aktiviti sepanjang 8.00 pagi - 12.30 tengah hari

- Saringan Kecergasan
- Saringan Optometri
- Saringan Kaedah Mental
- Booth Unit Kaunseling HEP-UKM
- Pameran Berhenti Merokok
- Pameran STD/HIV/AIDS
- Pameran Penyusutan Ubat
- Pameran Aedes & Kebersihan Makanan
- Pameran Pengisian
- Demonstrasi Masakan Sihat
- Demonstrasi Fisioterapi
- Demonstrasi CPR
- Demonstrasi pemantauan sendiri payudara (BSE)
- Photobooth
- Kuiz kesihatan & board game
- Cabutan bertuah

KIT SAYANGI DIRI

HEP-UKM
UNIVERSITI KERANGKAPAN MALAYSIA
UNIT KAUNSELING HAL EHWAL PELAJAR

Facebook: @HEP-UKM
Instagram: @kaunselor_hep_ukm

KEMBARA KAUNSELOR

ANJURAN UNIT KAUNSELING HEP-UKM

KOLEJ IBU ZAIN 18 MEI 2022 10.00AM - 12.00PM	KOLEJ PENDETA ZABA 19 MEI 2022 10.00AM - 12.00PM
KOLEJ KERIS MAS 18 MEI 2022 2.30PM - 4.30PM	KOLEJ AMINUDDIN BAKI 19 MEI 2022 2.30PM - 4.30PM



Pemakanan Sihat Pekerja Sihat

Penceramah: Dr. Nor Emi Binti Rosli
Kumpulan Mengaklinik Zahran
Tarikh: 4 November 2022 (Jummat)
Waktu: 10 Pagi (Zoom)
Tempat Aplikasi: Alas Tallan (Zoom)



SEXUAL & REPRODUCTIVE HEALTH (SRH) CLINIC

CONSULTATION COVERS:

- REPRODUCTIVE HEALTH
- GENDER AND SEXUALITY
- FAMILY PLANNING
- SEXUAL TRANSMITTED DISEASE (STD)

ANY INQUIRIES, PLEASE VISIT US AT PKU OR EMAIL US.

to book an appointment please email:
Dr Azman: drazman@ukm.edu.my
Dr Aqlosh: aqlosh@ukm.edu.my

A prior appointment is required. Every consultation is personal and one-on-one. Your privacy is our top concern.

LET'S TALK ABOUT IT. MAKE IT A PART OF THE CONVERSATION.

PUSAT KESEHATAN UNIVERSITI UKM | PKUKM_OFFICIAL
HTTPS://WWW.UKM.MY/PUSATKESEHATAN

WORLD AIDS DAY

1 DECEMBER



ADVICE FOR OTHER UNIVERSITIES

KNOWLEDGE, QUALITY, VIRTUE



To leverage HURS (Health University Ranking System) effectively and enhance both global rankings and health promotion efforts, universities can consider the following strategies:

- Integrate Health Promotion into Strategic Goals
- Strengthen Data Collection and Reporting
- Foster Interdisciplinary Collaboration
- Invest in Capacity Building
- Benchmark and Share Best Practices
- Emphasize Innovation and Inclusivity

By embedding health promotion into the university's core activities and utilizing HURS as a framework for improvement, institutions can not only elevate their global standing but also create a healthier, more supportive environment for their community.

Award Applications to Drive Institutional Performance



The UKM Disability Services & Support Unit (UPS-OKU), together with a lecturer from the Centre for the Study of Education & Community Well-Being, Faculty of Education, has been crowned Champion in the category of 'Diversity Hiring at Workplace for Private Limited/Small Medium Enterprise/Public Sector' at the Life at Work Award (LAWA) 2024, organized by TalentCorp and the Ministry of Human Resources.



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THANK YOU

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